

The Royal Australian & New Zealand College of Psychiatrists
Section of Psychotherapy

2011 CONFERENCE

Loosening the Gordian Knot: Psychotherapy with the difficult patient

Melbourne. 22-24 July, 2011

Sebel Albert Park Hotel



Program and Registration

EARLY BIRD REGISTRATION CLOSES:
Monday 20 June, 2011



Secure On-Line Registration is available at:
<https://www.secureregistrations.com/Psy2011>



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The Phrygians lacked a king. An oracle decreed that the next man to enter the city driving an ox-cart would be king.

And so it came to pass that the peasant farmer, Gordias, was declared king. His son in celebration, tied the ox-cart with an intricate knot, affixing it in the palace of the former kings of Phrygia at Gordium, in the 4th century BCE.

Phrygia went into decline. When the conquering Alexander the Great failed to untie the knot, he imperiously sliced it in half in a bold stroke, the so-called "Alexandrian Solution".



The Gordian Knot is used as a metaphor for an intractable problem solved by a bold stroke (cutting the Gordian Knot).

To apply the metaphor of what doctors do, the "Alexandrian Solution" lends itself best to the surgeon's approach. It can be seductive for both psychiatrist and patient to imagine that there is indeed an "Alexandrian Solution" for the patient's predicament. But as psychiatrists who practice psychotherapy, our work inclines to slow but persistent unloosening of the Gordian Knot, to allow fluidity and flexibility into an otherwise rigid and uncompromising system that constrains the difficult patient.

In this case, the psychotherapist is more akin to Shakespeare's Henry V:

*Turn him to any cause of policy,
The Gordian Knot of it he will unloose,
Familiar as his garter.*

(Henry V, Act 1, Scene 1, 45-47)

The theme of our conference is psychotherapy with the difficult patient. At best we may hope to loosen the Gordian knot of psychopathology, rather than succeed in untying it.

The degree of "unloosening" possible is not guaranteed, but independently varies amongst patients and therapists. It is the job of both patient and therapist to mourn successfully their limitations and learn to accept that which is not amenable to change.

This serves as an echo of Freud's words, enshrining his belief that there is no cure for common unhappiness:

"... much will be gained if we succeed in transforming your hysterical misery into common unhappiness ... you will be better armed against that unhappiness." (Studies in Hysteria)

Paul Foulkes (*Convenor*), **Ilana Nayman** (*Chair*)

Committee: Paul Foulkes, Charles Le Feuvre, Libby Muller, Ilana Nayman, Jenny Randles, Stuart Thomas

International Keynote Speaker



Glen O. Gabbard, M.D., is Professor of Psychiatry and Brown Foundation Chair of Psychoanalysis at Baylor College of Medicine in Houston, Texas. He is also training and supervising analyst at the Houston/Galveston Psychoanalytic Institute.

From 2001 to 2007, he was Joint Editor-in-Chief of the International Journal of Psychoanalysis, the first non-British Editor. He has also served as Associate Editor of American Journal of Psychiatry.

He has authored or edited 26 books, including *Psychodynamic Psychiatry in Clinical Practice*, which has been translated into 10 languages, *Long-Term Psychodynamic Psychotherapy: a Basic Text*, *Gabbard's Treatments of Psychiatric Disorders: 4th Edition*, *Psychiatry and the Cinema*, and *The Psychology of The Sopranos*. He has also published over 320 scientific papers and book chapters.

He has received numerous awards including the American Psychiatric Association/ National Institute of Mental Health Vestermark Award as outstanding psychiatric educator in 2010.



Host City: **Melbourne**, Australia

Regarded by many as the cultural capital of Australia, Melbourne is a beautiful setting for our conference.

A friendly, multicultural city located on the banks of the Yarra River, Melbourne offers excellent shopping, world class cultural events, and spectacular food and wine from over 3,000 restaurants. You'll find endless rows of cafes and boutiques along the riverside at Southgate, in the lanes and streets of the city centre and adjoining bohemian neighbourhoods like Carlton, Fitzroy, St Kilda and South Yarra.

Outside Melbourne, you'll find a host of regional attractions, from the Fairy Penguins to the spectacular Great Ocean Road.

For more information about Melbourne, go to:

www.visitvictoria.com
www.visitmelbourne.com
www.thatsmelbourne.com.au

Conference Venue

**The Sebel Albert Park Hotel.
65 Queens Road, Melbourne.**

Overlooking tranquil Albert Park Lake and golf course, The Sebel Albert Park is ideally situated just a short tram ride away from Melbourne's CBD, Crown Entertainment Complex, St Kilda Esplanade, South Yarra/Chapel Street shopping precinct, and Port Phillip Bay.

RANZCP CPD Program

Participants in the RANZCP CPD Program may claim credits for CPD activities that are in accordance with his/her CPD Plan and that are in line with the principles and obligations of the RANZCP CPD Program. Evidence of attendance should be retained for use in the case of an Audit of Claim.

Social Program

The **Welcome Reception** will be held at the Sebel Albert Park Hotel at the close of Friday's sessions. This function is included in the full registration fee. Partners and guests are most welcome to attend; the fee is \$45.

The **Conference Dinner** (to be held at the Sebel Albert Park Hotel on the Saturday) will be accompanied by a musical presentation featuring classical guitar virtuoso **Slava Grigoryan** and soprano **Antoinette Halloran**.

The cost of the dinner (cash bar after an arrival drink) is included in the full registration fee. Partners and guests are most welcome to attend; the fee is \$95.



Slava Grigoryan was born in 1976 in Kazakhstan and immigrated with his family to Australia in 1981. As a major prizewinner at the Tokyo International Classical Guitar Competition, Slava was signed by the Sony Classical Label in 1995 and has since released 6 solo albums and many collaborative recordings. At the age of 18, his first tour was with guitar legends Paco and Leo Kottke.

Slava has performed as a soloist at international festivals such as Brighton, City of London, Harrogate, Newbury, Salisbury, and Chelsea Arts Festivals in the UK, the Dresden Musikfestpiel, the Guitar Festival of Great Britain, the Darwin International Guitar Festival, the GFA Festival in La Jolla, California, the Wirral International Guitar Festival, the Al Bustan Festival in Beirut, the Hong Kong Arts Festival, the New Zealand Arts Festival, the Sydney, Melbourne, Adelaide, Brisbane and Perth International Arts Festivals and WOMAD festivals in the UK, USA, Australia and South Africa.



Antoinette Halloran is one of Australia's most accomplished and best-loved sopranos. She performs regularly with all the major Australasian opera companies and symphony orchestras and appears frequently on national television and radio.

A graduate of the Victorian College of the Arts and recipient of an Honors Degree in Music from the University of Melbourne, Antoinette has sung in concert with Elvis Costello and the Brodsky Quartet and appeared with the Adelaide, Queensland, Tasmanian, Canberra and Melbourne Symphony Orchestras.

She recorded Puccini Romance for ABC Classics with tenor Rosario La Spina and the Queensland Symphony Orchestra.

2011 sees appearances as Mimi and Cio-Cio-San for Opera Australia and Micaela in Carmen for State Opera of South Australia.

The Conference Committee thanks the Section of Psychotherapy for its generous sponsorship which has allowed us to include the dinner and entertainment in the conference registration fee.

Provisional Program

Friday, 22 July 2011

8.00am	Registration and arrival coffee
9:00am - 10:15am	Opening Plenary Session
9:00am	Welcome and Conference Opening
9:15am	Invited Address Ghosts and Trauma in the Nursery – Borderline Personality Disorder and Parenting <i>Louise Newman</i>
10:15am - 10:45am	Morning tea
10:45am - 12:15pm	Parallel Sessions 1A and 1B
Session 1A	
10:45am	Challenges to Therapeutic Engagement and Treatment of Patients who have been Sexually Abused by a Past Therapist <i>Jeremy Butler</i>
11:15am	Ethics in the Treatment of the Difficult Patient: Wishing to Cut the Gordian Knot <i>Paul Foulkes</i>
Session 1B	
10:45am	The Mark of Distinction: The Problematics of Working with Those Who Cut <i>Peta Welsh</i>
11:15am	Listening to Gloria: Psychotherapy Sessions with Carl Rogers, Fritz Perls and Albert Ellis – Can Three Short Films from 1964 Help us Reflect upon our Practice Today? <i>Stuart Thomas</i>
12:15pm - 1:15pm	Lunch
1:15am - 2:45pm	Parallel Sessions 2A and 2B
Session 2A	
1:15pm	Laughter Loosening the Knot: The Place of Humour in Psychotherapy <i>Julie Kibby</i>
1:45pm	Knots, Threads and Tapestries: Psychodynamically Informed General Psychiatry <i>Frederick Stamp</i>
2:15pm	The Myth of Jocasta and Maternal Narcissism <i>Ingrid Butterfield</i> (2011 Section of Psychotherapy Essay Prize winner)
Session 2B	
1:15pm	Difficult Patient, Difficult Society The Gordian Knot and the Bed of Procrustes Some Thoughts on the Nature of the Individual, Psychotherapy and the Social Milieu <i>Brian Hunt</i>
1:45pm	Lacan on James Joyce, Personality Structure and Difficulties in Therapy <i>David Westcombe</i>
2:15pm	Contempt <i>Michael Honnery</i>
2:45pm - 3:15pm	Afternoon tea
3:15pm - 5:15pm	Plenary Session Keynote Address: Transference Interpretation, the Therapeutic Alliance, and Change in Psychotherapy <i>Glen Gabbard</i>
5:15pm - 6:15pm	Welcome Reception

Saturday, 23 July 2011

8:45am	Arrival coffee
9:15am - 10:30am	Plenary Session Keynote Address: Psychiatric Management of the Suicidal Patient <i>Glen Gabbard</i>
10:30am - 11:00am	Morning tea
11:00am - 12:30pm	Parallel Sessions 3A and 3B
Session 3A	
11:00am	Dreaming as Worldview <i>Anthony Korner</i>
11:30am	Loosening the Gordian Knot through Working with Transference Expressed by a Young Female Migrant with Hindu Gods and Goddesses <i>Sabar Rustomjee</i>
12:00pm	Psychodynamic Therapy in Autism – Is It Possible? <i>Angela Livingstone</i>
Session 3B: Symposium	
11:00am	Psychoanalytic Theory and Clinical Practice – Comparing and Contrasting Klein's Concept of the Depressive Position, Bion's Theory of Thinking and Fonagy's Concept of Mentalisation <i>Alison Clayton, Anne Jeffs and Josephine Beatson</i>
12:30pm - 1:30pm	Lunch
1:30pm - 5:00pm	Workshop The "Impossible" Patient <i>Glen Gabbard</i> (3:00pm - 3:30pm Afternoon tea)
6:30 for 7:00pm (Until 10:00pm)	Conference Dinner

Sunday, 24 July 2011

8:30am - 9:30am	Trainee Breakfast with SATPSY hosted by Dr Frances Minson
9:30am - 11:00am	Parallel Sessions 4A, 4B and 4C
Session 4A	
9:30am	Tying Psychotherapy into the Training – Establishment and Sustenance of Group-based Psychotherapy Supervision <i>Andrew Leggett, Stephen Parker and Margaret Bylett</i>
10:30am	When Ties that Bind are Severed <i>Jenny Randles</i>
Session 4B: Workshop*	
	Ways of Loosening the Gordian Knot: What Works for Borderline Personality Disorder Conducted by Invited Speaker <i>Josephine Beatson</i>
Session 4C: Workshop	
	To Act or Not, on the Gordian Knot: Contributions from the Psychodramatic Method <i>Neil Hucker</i>
11:00am - 11:30am	Morning tea
11:30am - 1:00pm	Closing Plenary Session
11:30am	Invited Address: The (Almost) Terminal Ileum: Psychotherapy of a Patient with Life-threatening Functional Bowel Obstruction <i>Edwin Harari</i>
12:30pm	Closing Remarks <i>Paul Foulkes</i>

* Places in this Workshop are strictly limited and will be allocated in order of receipt of booking.

Registration Form



ABN: 22 099 354 060 (The Conference Organiser Pty Ltd)

This form is a tax invoice once completed and lodged. All charges include 10% GST. Please keep a copy for your records.

PLEASE NOTE: Secure on-line registration is available at: <https://www.secureregistrations.com/Psy2011>

If you register on line, you do not need to complete this form.

Section A: Personal Details

Prof/Dr/Mrs/Ms/Mr:
First Name Last Name

Organisation:

Address:
Post Code:

Phone: Office (.....) Mobile:

Email:

Special Requirements (dietary, disability etc):

Section B: Session Preferences

To allow us to assign appropriately sized rooms for sessions, please indicate which ones you anticipate attending.

- Friday** 1A 1B | 2A 2B
Saturday 3A 3B
Sunday 4A 4B* 4C *Limited numbers

Section C: Conference Registration

	Payment received by 20 June	Payment received after 20 June
Member of RANZCP Section of Psychotherapy, retired RANZCP Fellow or Speaker	\$550	\$625
RANZCP Trainee or other full-time student	\$465	\$540
Others	\$595	\$670

Conference Registration Total:

Section D: Social Program

Welcome Reception (Friday 22 July)

The cost of the Welcome Reception is included in the registration fee. Please indicate whether or not you require a ticket.

Failure to indicate will be registered as non-attendance.

Partners and guests are most welcome to attend; the fee is \$45.

- Welcome Reception - Attending (included in registration fee)
 Welcome Reception - Unable to Attend
 Welcome Reception - Additional ticket(s):

I enclose payment for ADDITIONAL Welcome Reception tickets @ \$45 per person

Conference Dinner (Saturday 23 July)

The cost of the Conference Dinner is included in the registration fee. Please indicate whether or not you require a ticket.

Failure to indicate will be registered as non-attendance.

Partners and guests are most welcome to attend; the fee is \$95.

- Conference Dinner - Attending (included in registration fee)
 Conference Dinner - Unable to Attend
 Conference Dinner - Additional Ticket(s):

I enclose payment for ADDITIONAL Conference Dinner tickets @ \$95 per person

Social Functions Total:

Section E: Accommodation

I require accommodation at Sebel and Citigate, Albert Park, Melbourne as follows:

Sebel Rooms 4.5 Stars (2 queen beds)

- Room only: \$180 per night
 Room + 1 buffet b'fast: \$203 per night
 Room + 2 buffet b'fasts: \$226 per night

Citigate Rooms 4 Stars (Either a king or 2 single beds)

- King, room only: \$160 per night
 King + 1 buffet b'fast: \$183 per night
 King + 2 buffet b'fasts: \$206 per night
 Twin, room only: \$160 per night
 Twin + 1 buffet b'fast: \$183 per night
 Twin + 2 buffet b'fasts: \$206 per night

Date in: Date out:

If sharing with another delegate, I will share with:

Accommodation Total:

Section F: Payment Summary

Conference: AUD\$

Social Functions: AUD\$

Accommodation: AUD\$

TOTAL: AUD\$

I enclose my cheque made payable to: The Conference Organiser Pty Ltd **OR**

Please debit my credit card \$ (AUD) Mastercard Visa

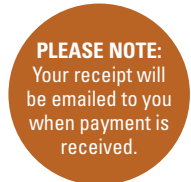
Number: _____

Name on card:

Expiry:/..... Signature:

SEND FORM WITH PAYMENT TO:

The Conference Organiser
 146 Leicester Street
 Carlton, Victoria 3053, AUSTRALIA
 Phone: Australia: (03) 9349 2220
 International: +613 9349 2220
 Email: info@conorg.com.au
 Fax: Australia: (03) 9349 2230
 International: +613 9349 2230



General Information

Accommodation

Accommodation at special conference rates has been reserved at the Sebel Albert Park Hotel (65 Queens Road, Melbourne - www.mirvachotels.com). All rooms are non-smoking.

The Sebel offers 2 levels of accommodation: Sebel rooms (4.5 stars) and Citigate rooms (4 stars). Rates are shown on the registration form. All Sebel rooms have 2 queen beds; Citigate rooms have either a king or 2 single beds.

To obtain these rates, all accommodation must be booked through The Conference Organiser Pty Ltd and will be allocated on a strict priority of receipt basis.

Please book early as we have blocked a limited number of rooms and any unused accommodation will be released by 20 June 2011. (After that date, we will attempt to secure accommodation on a case-by-case basis.) It is necessary to pre-pay your accommodation in order to guarantee the booking.

Please Note: *Special conference accommodation rates have been negotiated for the conference prior to the printing of the Registration Brochure. The conference organisers accept no responsibility if the hotel offers "special rates" or "standby rates" at its discretion.*

Getting to the Sebel from the airport

A taxi from the airport to the hotel will cost about \$60 -70.

Skybus shuttle service runs from the airport to Southern Cross Station (formerly Spencer Street Station) for \$18 per person, a taxi from Southern Cross Station to the Hotel will cost about \$25.

Alternately, you can walk or take a tram from Spencer Street to Swanston Street and then take a tram (3, 5, 6, 16 or 67) along St Kilda Road to Lorne Street/High Street.

Registration Fees

Registration Fees are shown on the Registration Form.

- Conference registration includes morning and afternoon teas and lunch on Friday and Saturday, morning tea on Sunday, the Welcome Reception on Friday and the Conference Dinner on Saturday.
- The student/trainee/registrar rate is only available to those who submit evidence of their full-time, non-salaried status with their registration form or who are psychiatry registrars or trainees; inclusions are as above.
- There is a surcharge of \$75 for registrations paid after 20 June 2011.
- Unless payment is received by 20 June, the higher registration rate will apply.

Registration /Accommodation Booking Process

Delegates paying by Mastercard or Visa are encouraged to use the secure on-line registration process by going to: <https://www.secureregistrations.com/Psy2011>

Please Note: Your on-line credit card payment will appear on your credit card statement as a transaction with Mie Software Pty Ltd Port Melbourne.

A confirmation letter/tax invoice will be emailed to you within 48 hours of your on-line registration being completed.

Alternatively, you can register by using the Registration Form on this brochure.

Receipts for registrations will be emailed to delegates upon receipt of payment.

Please Note:

If your funding for attendance is delayed, please register your intention to attend by sending/faxing the Registration Form with an explanatory note.

Parking

Under cover parking is available at the hotel, accessible via Lorne Street, at \$16 per vehicle per day. Please note that parking rates are subject to change without notification.

Cancellations

Cancellations must be advised in writing by 20 June 2011; there is a \$125 cancellation fee per registration. After that date, refunds will only be issued in exceptional circumstances, but substitute delegates will be accepted. Please note that cancellation may result in loss of hotel payments.

Insurance

Delegates are encouraged to take out personal travel and medical insurance which includes loss or damage of personal possessions, including loss of accommodation payment and registration fees through cancellation.

More Information

For further details regarding the Conference, please contact:

The Conference Organiser Pty Ltd
146 Leicester Street
Carlton, Victoria 3053, AUSTRALIA

Phone: Australia: (03) 9349 2220
International: +613 9349 2220

Email: info@conorg.com.au

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