

Australian Association of Relationship Counsellors
2011 NATIONAL SYMPOSIUM



Photo by Kirstin MacLeod



You've really got a hold on me:
**LOVE, DESIRE
AND OBSESSION**

MELBOURNE

Friday 4 and Saturday 5 March, 2011

Victoria University Conference Centre
Level 12, 300 Flinders Street, Melbourne

PROGRAM & REGISTRATION

Congratulations to the Victorian AARC members on hosting the 2011 Symposium.

The creativity and thoughtfulness in designing a program with such an interesting, relevant and stimulating theme, and in securing the participation of such excellent Australian and International presenters, are to be commended.

I always look forward to attending these national events, providing as they do the opportunity to reconnect with colleagues, and to enjoy the serendipity of meeting new colleagues. Of course, the venue in Melbourne's heart will provide wonderful opportunities for spending time with one another and squeezing every ounce of value from participating in the Symposium.

Welcome to the AARC Melbourne Symposium 2011

Eric Hudson, Acting President, AARC National Committee

KEYNOTE SPEAKERS

INTERNATIONAL

JUDITH SIEGEL



Dr Judith Siegel is an Associate professor at the NYU Silver School of Social Work. She is the author of over 20 journal articles and 4 books on marriage and relationships including *Repairing Intimacy*,

Countertransference in Couples Therapy, *What Children Learn from their Parents' Marriage* and *Stop Overreacting*. Her work integrates object relations and systems theories and has expanded to include emotional regulation. She has presented at professional conferences and workshops throughout the United States and Canada, and appeared on Good Morning America and the Today Show.

CHRISTOPHER CLULOW



Christopher Clulow PhD is a Senior Fellow of the Tavistock Centre for Couple Relationships, London, where he practises as a visiting lecturer and researcher. He has published extensively on marriage, partnerships,

parenthood and couple psychotherapy, most recently from an attachment perspective. His most recent edited publication, *Sex, Attachment and Couple Psychotherapy. Psychoanalytic Perspectives*, was published by Karnac Books in 2009. He is Vice Chair of the British Society of Couple Psychotherapists and Counsellors, past Therapies Editor for the international journal *Sexual and Relationship Therapy*, and a member of the Editorial Board for the forthcoming journal *Couple and Family Psychoanalysis*. He is a Fellow of the Centre for Social Policy, Dartington, and a registrant of the British Psychoanalytic Council. He maintains a private clinical and training practice from his home in St Albans. He is a Patron of Hertfordshire Central Relate and a trustee of Youth Talk and the Blandford Trust.

NATIONAL

JOHN ARMSTRONG



Associate Professor John Armstrong is Philosopher in Residence at the Melbourne Business School and Senior Advisor to the Vice-Chancellor of Melbourne University. Born in Glasgow and educated at Oxford and London, he has lived in Australia since 2001. He is the author of several internationally acclaimed books on art, aesthetics and philosophy, including

The Secret Power of Beauty, *Conditions of Love* and most recently, *Love, Life, Goethe*.

JIM CRAWLEY BA(Hons) BD MSocSc, Dip Mental Health



After training as a psychiatric social worker at the London School of Economics, Jim worked in adult and child psychiatric settings in the UK before migrating to Australia in 1974. After teaching social work in the UK and Melbourne, he spent five years as the Director of an agency specialising in couple counselling. He has been in private practice

as a psychoanalytic psychotherapist in Perth since 1990. From 1994-2002 he taught on the graduate programme in counselling and psychotherapy at Edith Cowan University. He was inaugural President (1998-2002) of the Psychotherapy and Counselling Federation of Australia (PACFA). Jim is also an ordained minister in the Anglican Church, assisting in a suburban parish and teaching pastoral care at a theological college.

Jim is the co-author, with Dr Jan Grant, of *Transference and Projection: mirrors to the self* (Open University Press, 2002) and *Couple Therapy: the self in the relationship* (Palgrave Macmillan, 2008); and co-editor, with Elisabeth Shaw, of *Couple Therapy in Australia: issues emerging from practice* (PsychOz Publications, 2007). He is a member of the Editorial Board of *Psychotherapy in Australia*.

SUSAN OLIVER



Susan Oliver is a psychiatrist and analytic psychotherapist and a member of the Victorian Association of Analytic Psychotherapists. She is a member of the International Association of Relational Psychoanalysts and Analytic Psychotherapists (IARPP). She is a member of the Royal Australian and New Zealand College of

Psychiatrists (RANZCP) Special Interest Group in Aboriginal and Torres Strait Islanders and teaches in the psychotherapy training of the RANZCP. She has a clinical practice in analysis and analytic couples therapy in Melbourne. She has participated in the Tavistock training in couple therapy Summer School in London and the 2008 and 2009 AARC Winter Schools in Melbourne.

PROVISIONAL PROGRAM

Friday 4 March 2011

8.30am – 9.00am Registration and tea/coffee

9.00am – 3.30pm **Workshops 1 and 2**

WORKSHOP 1: Unconscious Contracts
Presenter: Christopher Clulow

Making a 'good match' is what everyone wants in choosing a life partner. The criteria for such a match have social, economic, religious and psychological dimensions. Different cultures, periods of history and individual preferences determine the relative emphasis accorded to these dimensions, and much turns on perceptions of what partnership are for. In westernised societies partnerships tend to be valued more in personal and private terms. This has focused attention on partnerships as psychological rather than social institutions, not least for relationship counsellors who aim to help partners understand conflict in their relationship.

This workshop will provide an opportunity to explore the unconscious dimensions of partner choice, and to consider the therapeutic implications of taking seriously the unconscious 'glue' that binds couples together – for better and worse.

**WORKSHOP 2: Breaking the Cycle of Abuse and Neglect:
A Focus on Parenting**
Presenter: Judith Siegel

It is not a coincidence that children who witness or experience abuse from their parents are at high risk for perpetuating the cycle of abuse. This workshop will present a model of intervention that incorporates object relations and emotional regulation. Family violence has been connected to splitting as well as emotional dysregulation. In this workshop participants will learn how to:

- Recognise splitting as it appears in individual and couple dynamics
- Understand the brain functions related to optimal emotional regulation
- Examine emotional and physical abuse from a multi-generational perspective
- Consider parenting functions that are compromised by family violence
- Understand the therapist's use of self in creating a climate for change
- Become aware of specific interventions to challenge splitting and projective identification in the couple and family

The workshop will use video clips and case studies to explore these issues.

3.00pm – 4.00pm Registration

4.00pm – 5.00pm **Welcome**
Eric Hudson

Opening Address: Love, Desire and Obsession
John Armstrong

5.00pm – 6.30pm **Welcome Reception**

6.30pm – 7.30pm AGM (National)

Saturday 5th March

8.45am – 9.15am Registration and tea/coffee

9.15am – 10.45am **Presentation 1: Love**
Jim Crawley

10.45am – 11.15am Morning tea

11.15am – 12.45pm **Presentation 2: Desire**
Christopher Clulow

12.45pm – 2.00pm Lunch

2.00pm – 3.30pm **Presentation 3: Obsession**
Judith Siegel

3.30pm – 4.00pm Afternoon tea

4.00pm – 5.00pm **Panel Discussion**
*Jim Crawley, Christopher Clulow,
Judith Siegel, Susan Oliver*

5.00pm – 5.30pm **Farewell Drinks**

PROGRAM FORMAT

The 2-day symposium will include a choice of two Workshops, an Opening Address and Welcome Reception on the Friday, and a series of presentations and a panel on the Saturday. Delegates are able to register for either one or two days of the symposium.

For further details about AARC and membership, visit: www.aarc.org.au

AARC Inc. is a member association of the Psychotherapy and Counselling Federation of Australia (PACFA).



GENERAL INFORMATION

Symposium Venue

Victoria University Conference Centre, Level 12, 300 Flinders St, Melbourne, is situated opposite Flinders Street Station in the heart of the city and a few minutes' walk to Southbank, the Victorian Arts Centre precinct, shops, markets and restaurants. For delegates coming from interstate, there are numerous hotels in the vicinity of the conference centre.

Parking

Greenco Parking is located below at 300 Flinders Street. On the Friday, the early bird rate is \$13 (in before 9.00am, out after 3.30pm); on the Saturday, the rate is \$10 for the day

Registration Fees

Registration fees are shown on the Registration Form. The fees include morning and afternoon teas and lunches on Friday and/or Saturday; the Welcome Reception is included for all delegates attending on the Friday, and Farewell Drinks are included for all delegates attending the Saturday program. Additional Guests are welcome to attend these functions; the cost is \$35 for the Welcome Reception and \$10 for the Farewell Drinks.

- Receipts will be emailed to delegates upon receipt of payment.
- Please note: The number of delegates for the symposium and each workshop is limited; places will be allocated on a first come basis. You can indicate your workshop preferences on the Registration Form.
- There is a surcharge of \$55 for registrations received after 11 February 2011.
- Please note: If your funding for attendance is delayed, please register your intention to attend by sending/faxing the Registration Form with an explanatory note. Unless payment is received by 11 February, the higher registration rates will apply.

Cancellations

Cancellations must be advised by 11 February 2011 and will incur a \$125 cancellation fee per registration. After 11 February, refunds will only be issued in exceptional circumstances, but substitute delegates will be accepted.

Insurance

Delegates are encouraged to take out personal travel and medical insurance which includes loss or damage of personal possessions, including loss of accommodation and registration fees through cancellation.

AARC Annual General Meeting

The AGM will be held at 6.30pm on Friday 4 March after the Welcome Reception. Only bona fide members are eligible to attend.

For further details regarding the Symposium, please contact:

The Conference Organiser Pty Ltd
146 Leicester Street
Carlton, Victoria 3053,
AUSTRALIA

Phone: Australia: (03) 9349 2220 International: +613 9349 2220

Email: info@conorg.com.au

Fax: Australia: (03) 9349 2230 International: +613 9349 2230

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REGISTRATION FORM

ABN 50 599 689 128 (AARC Inc. Symposiums)

Please note: This form is a tax invoice when completed; please retain a copy for your records. Symposium / workshop fees do not include GST; AARC is exempt from collecting GST and is not registered to do so.

SECTION A: PERSONAL DETAILS

Prof/Dr/Mrs/Ms/Mr:
First Name Last Name

Organisation:

Address:

Post Code:

Ph: Office (.....) Mob (.....)

Email:

Special requirements (dietary, disability etc.):

SECTION B: SYMPOSIUM REGISTRATION

2 Day Registration

	Payment received up to 11 February 2011	Payment received after 11 February 2011
AARC Member/Associate	\$450	\$505
Non-Member	\$495	\$550
Full-time non-salaried student <i>Verification required</i>	\$260	\$315

1 Day Registration

AARC Member/Associate	\$275	\$330
Non-Member	\$315	\$370
Full-time non-salaried student <i>Verification required</i>	\$220	\$275

Please indicate which day you will attend: Friday Saturday

> If attending on Friday, which Workshop do you wish to attend:

Workshop 1 (Clulow) Workshop 2 (Siegel)

Symposium Total: \$

SECTION C: SOCIAL PROGRAM

The Welcome Reception is included for all delegates attending on the Friday, and Farewell Drinks are included for all delegates attending the Saturday program. For catering purposes, please indicate whether you will attend:

Welcome Reception Yes No **Farewell Drinks** Yes No

Additional Guests

I enclose payment for **additional** Welcome Reception tickets @ \$35 ea

I enclose payment for **additional** Farewell Drinks tickets @ \$10 ea

Social Program Total: \$

SECTION D: PAYMENT SUMMARY

I enclose my cheque made payable to: "The Conference Organiser Pty Ltd" OR

Please debit my credit card \$ (AUD) Mastercard Visa

Card Number: _____

Exp: / Name on card:

Signature:

SEND FORM WITH PAYMENT TO: The Conference Organiser
146 Leicester Street
Carlton, Victoria 3053 AUSTRALIA
Fax: (03) 9349 2230

Privacy Statement: Your personal information on the registration form will be used by The Conference Organiser Pty Ltd and AARC Inc. to administer the symposium and to notify you of similar future events. Your name and organisation will appear on the list of delegates to be distributed to delegates. For those with special requirements, your name may be disclosed to venue staff. Should you not wish for your details to be used for these purposes, please contact The Conference Organiser as soon as possible.